

**IT TAKES COURAGE
AND IS DIFFICULT TO
SPEAK OUT ABOUT AN
ABORTION.**

**THERE IS HOPE AND
HELP AVAILABLE.**



We offer a safe, confidential, & non-judgmental place to share and process your abortion experiences with compassion and genuine care.

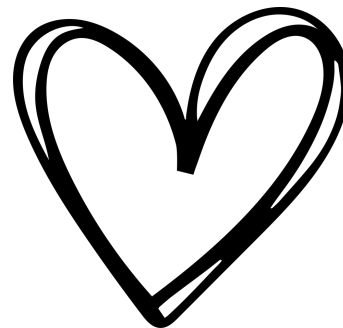
To learn more, or talk to an abortion recovery specialist, please contact us anytime!

Call or Text:
775-223-1035

Email:
FCPCTreion@aol.com

www.realchoicesnv.org

All services are offered free of charge.
No insurance required.
Our programs are available across the USA and world-wide.



**IMPACTED BY AN
ABORTION DECISION?**



*Abortion Recovery
and
Healing Programs*

REAL CHOICES
women's center

**WE BELIEVE EVERYONE
DESERVES A PLACE TO HEAL
AFTER ABORTIONS.**

Healing is a matter of time,
but sometimes it is a matter
of opportunity. We have
multiple healing
opportunities for you.

▶ **1 in 4 women have an
abortion by age 45.**

▶ **74% said their decision
to abort was not free
from outside pressure.**

▶ **72% of women who
have had an abortion
reported not seeking
help after.**

*All services are free
and confidential.*

H EALING O PTIONS P URPOSE E DUCATION

Healing Options

Small Group & Individual
Day, Evening, Weekends
In Person & Virtual
Faith & Non Faith Based
Deeper Still Retreats

Purpose & Education

After healing, most will find
new **purpose** in their
abortion experiences.

We're committed to
educating people about
abortion trauma & healing.



775-223-1035

**ABORTION LEAVES MANY
WOMEN & MEN WOUNDED & LEFT
WITH DIFFICULT EMOTIONS.**

Shame
Anger
Depression
Isolation

Regret
Pain
Emptiness
Flash backs

Guilt
Fear
Irritability
Loss of interest

Emotional numbness
Sleep disturbances
Inability to forgive self & others
Difficulty with relationships

**Not everyone experiences all
of these things, but anyone
can experience HOPE and
healing after abortion.**

